



Your trusted team for quality home support

Flexible Reliable Caring Positive
Professional Trusted Personal Honest
Quality Trained Listening Support

Keeping up a Hobby

Many of us have hobbies, which give us enjoyment and occupation, and our DoCare clients are no exception.

Peter suffers from vascular dementia following a stroke; he finds it hard to communicate and has a limited vocabulary. But the one thing that Peter loves, that makes him happy and content, is fishing. This lifelong interest brings joy to Peter's life and, with support from DoCare, he's able to carry on.

When DoCare took over Peter's care, it included a weekly trip to a local fishing lake. We stayed with Peter while he fished, and we soon realised that the activity was so much more than simply a hobby; it brought Peter out of himself, it gave him a change of scene, and importantly it was a memory jogger, bringing back sights and sounds that were familiar and gave him great pleasure.

Peter was upset when social services decided to remove this part of his care package. He would talk (and swear!) about fishing, and was very agitated.

Having talked to Peter, DoCare intervened on his behalf at a review meeting and, because of the close relationship we had built up, we were able to offer insight into the benefits the fishing trips gave him. We were able to give social services a clearer perspective of Peter's needs and so they agreed to reinstate the trips, if a DoCare support worker took him to the lake and collected him later. As Peter's condition meant he was perfectly safe to be alone at the fishing lake, this was a very positive outcome.

Before his stroke, Peter, who is only in his sixties, had an active life. We wanted to support Peter so he could remain active and, by having a deep understanding of his needs and wishes, we've been able to do so. Peter says our support gives him "freedom" and "independence".

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