



Your trusted team for quality home support

Flexible Reliable Caring Positive
Professional Trusted Personal Honest
Quality Trained Listening Support

Medication

Sadly, illness is often part and parcel of old age, and many of our DoCare clients suffer from a range of conditions for which they need regular medication.

Part of many DoCare support worker visits is dedicated to assisting with medication and prompting our clients to take the correct dose at the right time, to ensure they stay well. We do this sensitively, and our role is to encourage and remind our clients to take their medication, not to coerce them. Management of medication is a vital part of supporting a client to live independently at home and we take this responsibility very seriously.

Sarah, who is 89 years old, suffers from osteoarthritis and has a very complex set of medication which she has to take for her condition. Added to this, Sarah lives alone and although she has friends locally who help, she does get confused and Sarah's family is very concerned that she will either forget her medication, or potentially take too much.

As a result of the support from DoCare Sarah's family members have peace of mind. They know that, because of the close relationship we have built up with Sarah, we will be able to support her in taking her medication. At an agreed visit each week, our support workers take Sarah's dosette box, which is provided, sealed, by her local pharmacy and deliver it to her so she always has her medication. We work with Sarah, discussing with her when and how she wishes to take her medication as it is important that Sarah feels in control of this process. Once Sarah is happy to take her medicine, the DoCare support worker will pop out the correct pills from her dosette box and pass them to Sarah. It is critical that the medication process is followed and in Sarah's case this involves observing her take her medication, accurately recording this information on her notes and signing all documentation as evidence. This is now such a part of Sarah's routine, that she is very happy to take her medication, placing her trust in us.

Sarah's son, Anthony, said: "The family was very concerned that Mum would forget to take her medicine and at one point thought the only answer would be to put her in a nursing home. However, the homecare provided by DoCare is second-to-none and we now have peace of mind that Mum's taking her medicine and keeping her condition under control."

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